

# High School Swimming 101

## UIL (University Interscholastic League)

High School Sports are classified by 3A, 4A, 5A & 6A conferences.

Schools are placed in conferences according to the school's enrollment number of students.

6A: 2220 plus

5A: 2219-1230 \*\*\*\* Magnolia HS\*\*\*

4A: 515-1229

3A: 230 514

This comes into play at districts, regionals, and state championship meets. Magnolia HS will only compete against schools that are 5A status during championship meets.

### **Time/day of Meets:**

- Weekdays meets : Meet begins around 6 pm done by 8 - 8:30ish, school bus transportation to and from meet if meet is away (at another HS).
- Friday/Saturday: Divers Friday usually in afternoon and Swimmers Saturday mornings; school bus transportation is provided. Divers sometimes go in school MISD van.
- Championship meets : districts, regionals and state. Each of these meets will be a one day only meets this year due to Covid 19 ruling. Regional and State meets will be held on a Friday or Saturday with prelims in morning and finals at night. Team transportation will be provided to each of these meets. Only qualifying swimmers will be attending regional and state meets under Coach K's supervision and provided transportation.

### **Type of meets:**

1. **Dual/Tri meets:** 2 or 3 different swim teams compete at a meet. These are during the weekdays.
2. **Invitational:** 4 plus teams compete at meet. These meets are held on weekends.

\*\*\*Timed final verse prelims/finals meet: Time final meet is when a meet is only one day long and best time for the day wins. Prelim/Finals: First swim of the meet is a prelim. Top X number of swimmers swim again next day in finals. championships starting with Regionals are prelim/finals.

3. **Championship meets:** Districts, Regional and State meets. Meets are in late Jan to Mid Feb. This is the last meets of the season.
  - a) **Districts:** Every swimmer swims at this meet. ( JV or Varsity level. Coach K makes decision on which level a swimmer will swim.)
  - b) **JV districts:** One day meet. This is a swimmer's last meet of the year. Medals and ribbons are given to top placed swimmers. Fun time. Bring your camera.
  - c) **Varsity Districts: One day meet.** Top 4 fastest swimmers in each event and 4 fastest relays at this meet advance to Regional meet. Onetime final swim at this meet.
  - d) **Regionals:** One week following District meet. This meet will be a one day meet with prelims race in morning and finals in afternoon. The 16 qualifying swimmers accumulated from all the districts under each region swims in morning. In afternoon all 16 swim again but the top 8 fastest swimmers from morning races will be in "A final". From that A final race in evening the first place winner automatically advances to state. The next 8 fast swimmers of all Texas A final race in regionals (known as "call-ups") advance to state meet. Resulting in only 16 swimmers per event will go to state meet. Relays are the same way.
  - e) **Club parents these are UIL times not USA times. And its swimmers' times from that specific meet. Not personal best times of season.** Magnolia is district 21, regional 6

- f) Diving: 2 divers from each Regional meet will be advance to state.
- g) **State meet:** One day meet in Austin. 16 swimmers in each event will swim (prelims). Top 16 fastest swimmers will swim finals. At finals fast 8 will A finals, 9-16 fast swimmers will be consolation heat/final. Winner from A final is state champion. Diving: top 8 high scorers will advance to top heat.

If your swimmer goes to State, they are eligible for an All State team (all state first team, All state second team or All state 3<sup>rd</sup> team) patch at \$10 a patch. Parents have to request those through UIL website. (we will try to post reminder to those state swimmers after spring break).

**Events offered during meets PER UIL RULES for HIGH SCHOOL:**

50 FREE STYLE	100 BUTTERFLY	200 MEDLEY RELAY
100 FREESTYLE	100 BREASTSTROKE	200 FREE REALY
200 FREESTYLE	100 BACK STROKE	400 FREE RELAY
500 FREESTYLE	200 INDIVIDUAL MEDLEY	<b>1 METER DIVING</b>
* 50 IS 2 LAPS OF POOL	*100 IS 4 LAPS	* MEDLEY IS ALL 4 STROKES SWAM IN ONE RACE

**Swimmers can only swim up to 4 events... in one of the combinations:**

- 2 individual events plus 2 relays
- 1 individual event plus 3 relays
- 1 individual event only
- 2 individual events only

**COACH WILL ADVISE SWIMMERS WHAT EVENT THEY ARE SWIMMING IN AND WHAT MEET.**

Events may change meet to meet for swimmer. Except for championship meets (district, regionals and state). Whatever **Individual** event swimmer swims at District this is the only events swimmer can swim at Regional and state.

Diving:

What happens when championships/season ends in Feb...does my swimmer still need to come to pool in mornings?

YES YES... swimmers will continue to swim and strength train from March till school is out. Coach will advise swimmers directly of adjustments in arrival time in mornings from March -May.

This year: parents must wear masks at all time at meets. Even in volunteering positions. Swimmers will be required masks at all time while at pool and on buses.