

Magnolia High School Swim & Dive Team Vision Statement

Our vision is to build a program defined by excellence, integrity, and unity. We are committed to developing student-athletes who reach their full potential through purposeful training, strong character, teamwork, and family support. Together, we strive to compete at the highest level while representing Magnolia High School with pride, sportsmanship, and respect.

Contact Information

Clear and timely communication is essential to the success of our team. If you know you will be absent from practice or a team event, notify a coach as soon as possible. **All missed practices must be communicated in advance whenever possible.**

Head Coach

Donovan Coskey
dcoskey@magnoliaisd.org

Dive Coach

Kim Arnold
karnold@magnoliaisd.org

Team Communication

All athletes and at least one parent/guardian are required to join **SportsYou** for team announcements and updates.

- Parent Access Code: **5GSY-HXKC**
- Athlete Access Code: **ZLJC-DHED**

Team Instagram

@MHSSwimDive

Physicals & Paperwork – All Athletes

All physicals and required paperwork must be completed and submitted before an athlete may participate in any team activities, including practices or competitions.

All forms can be completed and accessed through **Rank One**:
www.rankone.com

Athlete Responsibilities for Competitions

- Athletes are expected to attend and compete in all assigned meets. Unexcused absences may result in disciplinary action.
- Coaches have final authority over individual event and relay selections based on team needs.
- Athletes must travel with the team to and from competitions unless prior approval is given by the coaching staff.

Swimmer Equipment Responsibilities

Each swimmer is responsible for providing and maintaining their personal equipment. The team will provide a team suit, team cap, and wet bag.

Athletes using team provided equipment are responsible for returning all items at the end of the season. Lost or damaged equipment must be replaced before final clearance.

Required Equipment

- Pull Buoy
- Kickboard
- Hand Paddles
- Fins
- Goggles
- Snorkel (Varsity only – optional)

Team Fees – 2026–2027 Season

Varsity Team Dues (1st Period): \$200 per athlete

- Includes Performance Course (PC) weight training
- Includes 2 team shirts
- Includes meals for all away meets

Junior Varsity Team Dues (7th Period): \$150 per athlete

- Includes 2 team shirts
- Includes meals for all away meets

Payment Options: Cash, check, or Venmo

Attendance & Grading Policy

Attendance is recorded daily. Athletes are expected to attend all practices, arrive on time, and communicate any absences or tardiness to the coaching staff in advance. Excessive absences or tardiness may result in removal from the program.

Athletes who miss practice while attending school must make up the missed practice during the current grading period. Failure to do so will result in a 5 point grade deduction. Doctor/dentist appointments and school sponsored events are exempt.

Athletes are responsible for bringing all required equipment to practice. Repeated lack of preparation may result in disciplinary action.

Doctor's Notes / Injuries

Workouts will be modified when possible to help athletes maintain fitness during injuries or medical restrictions.

Athletes unable to participate due to a medical excuse are still expected to attend practice unless otherwise approved. Failure to attend will result in an absence.

In-Season Practice Information

AM Class (Varsity)

- Monday / Wednesday / Friday: Swim (6:00–7:30 AM)
- Tuesday / Thursday: Weights (6:30–7:30 AM)

Flex Day Policy:

Varsity swimmers attending six club practices per week may use one Flex Day with coach approval. Flex Days must be communicated in advance and are not available during short weeks. Swimmers attending five or fewer club practices are expected to attend all scheduled practices.

PM Class (Junior Varsity)

- Monday–Friday: Swim / Dive (2:00–3:00 PM)

Varsity Qualification Standards

Coaches' Discretion: Final varsity roster decisions will be determined by the coaching staff based on team needs, commitment, attitude, work ethic, and overall performance.

Expectations for Team Conduct

1. **Show Respect:** Respect coaches, teammates, opponents, officials, fans, and facilities.
2. **Positive Attitude:** Bring a positive mindset and represent the program with pride.
3. **Communicate Appropriately:** Address concerns directly with coaches.
4. **Support the Team Vision:** Commit to the team's goals, values, and success.
5. **Academic Performance:** Maintain passing grades. Failing three grading periods in a semester may result in removal from the team.

Letter Policy

Athletes may earn a varsity letter by meeting the following criteria:

- Place 1st–8th at the District Meet
- Complete three years on the team
- Maintain good standing within the program
- Meet coaches' discretion and approval

Holiday Practice Schedule

Athletes in town are expected to attend holiday practices. Plan vacations around scheduled practices when possible. AM and PM groups will train together. Notify the coaching staff in advance if unable to attend.

- **Oct. 12-13** – Fall Break | 7:00–8:30 AM
- **Nov. 2-3** – Professional Development / Student Holiday | 7:00–8:30 AM
- **Nov. 23-24** – Thanksgiving Break | 11:00 AM–12:30 PM
- **Dec. 21-22 / 28-30** – Christmas Break | 11:00 AM–12:30 PM
- **Jan. 4-5** – Professional Development / Student Holiday | 7:00–8:30 AM
- **Jan. 18** – Holiday | 7:00–8:30 AM